

Editor's Note



fter a winter defined by face shots at the ski resorts, summer has finally settled into Park City. In this issue, we celebrate the best of living in and around Park City with an eye on outdoor living. Yes, we know you have plenty of places to bike, hike, SUP, golf and fish close to home, but we're bringing you even closer to home — into your own backyard.

Our luxury homes feature some of the best outdoor living possible, in hopes of inspiring you to create your own backyard respite.

In addition, as you turn the pages, you'll learn all about water features, which can add more flow to your environment; outdoor kitchens, with all their bells, whistles and barbecues; landscape lighting to protect night sky viewing; and proper arrangement of trees and shrubs for privacy.

Plus, we get into the nitty-gritty of growing a garden — potted or not — as well as protecting your lawn from snow mold and purchasing outdoor furniture for form and function.

In-between, we throw a few design and drink ideas your way, and end with the amazing story of Ben Vallor, a Parkite who helped engineer your kitchen appliances to run more safely and smoothly.

So, grab a tall glass of iced tea, or whatever suits your taste, sit back in your most comfy outdoor chair, and welcome to HOME, Park City style.

Oh, and by the way, we want to share the good news: Park City HOME Magazine just won the Utah Press Association's (UPA) 2016 Better Newspaper Contest's Best Advertising Idea. We're proud to call The Park Record, which also won the Excellence award from UPA, our parent paper.

— Kimberly Nicoletti

KIMBERLY NICOLETTI revolves her life around skiing and the mountain lifestyle. As a freelance writer, she has been published in national magazines, metropolitan newspapers and regional publications. After building her own home with her husband and parents (no contractors yikes!) and working as the managing editor of a mountain home magazine, she has a much better idea of what she'll do when planning her next mountain house on a lot she's been "sitting on" in Powder Mountain. Utah. kim@kimberlynicoletti.com.



On the Cover

COURTESY OF PAUL BENSON/
ENGEL&VÖLKERS

Contributors



HAMILTON ALLEN

A native of Johnston, SC, Hamilton Allen has dedicated himself to the ins and outs of lawn and pest control from the start, first gaining his bachelor of science degree in biology from Norfolk State University, then his master of science degree in entomology from Virginia Tech. Currently, Hamilton serves as the director of training and technical services for Senske Lawn and Tree Care, based out of Kennewick, WA, with a branch in Salt Lake City. When Hamilton isn't surveying the land for six-legged architects or weedy pests, he spends his time bird watching, attending community plays and serving as a member of Columbia Center Rotary.

ABIGAIL EAGYE

When she was a little girl in Breckenridge, Colo., Abigail Eagye would race home beneath twilight skies after a long day's play so as not to break the cardinal rule: be home before dark. Today, she still ekes out every last ray of light hiking, skiing and mountain biking all around the Rocky Mountains. For this issue, Abby looks at au courant outdoor kitchen concepts for Park City people who, like her, need to squeeze in every last moment out of doors.





KIM FULLER

is a freelance writer, photojournalist and owner of Kim Fuller Ink., and the Life In Full lifestyle blog. Kim's writing focuses on wellness, recreation, art, food and travel. She loves running, biking, hiking, backpacking, skiing, snowshoeing — and she also enjoys keeping up with her interests in art, music and reading. When she's not diligently writing, find Kim strolling the farmers' markets or toasting with friends on a sunny patio — enjoying the more indulgent angles of inspiration.

TISSA GARDAI

Author of "A Veggie Garden," Tissa Gardai is an experienced gardener and a manager at the Park City Nursery. She is very knowledgeable about high-elevation planting and our Park City environment and "knows what grows." She enjoys holiday seasons at the nursery with all the decorating and fanfare, and skiing in the winter.





RACHAEL HODSON

is a journalist and photographer who lives at the bottom of Little Cottonwood Canyon, Utah with three crazy boys, one whom she happens to be married to. She spends most of her time searching for powder at Alta or searching for perfect shots all across the West (through her camera or the snowy kind that blow in her face). You can follow her on Instagram @rachaelhodsonphoto or @rachskis801 or at www.rachaelhodsonphoto.com.



is an internet marketer and graphic designer who is passionate about protecting the environment. During his personal time he enjoys getting outdoors, camping and photographing landscapes. He is also the head of marketing at On Top Solar and Electric. Follow him on Instagram: @randyosiel





GLENN MERLIN JOHNSON

has been a full-time Park City resident for the past 26 years. He has traveled the world to exclusive homes with renowned clientele. He is also an author and lecturer on the "Art and Science of Illumination." Glenn has six U.S. Patents for architectural and technical lighting products and applications. He is a proud father of five, with his beautiful and talented wife, Charlene. He is elated that his three sons, Christopher, Scott and Matthew, have joined him in his company, Adaptive Design Group, and are continuing the legacy of light coupled with today's complex technologies. Glenn's hobbies include golf, playing jazz and blues on guitar, snowboarding and hiking in these beautiful Rocky Mountains.

STEVE PHILLIPS

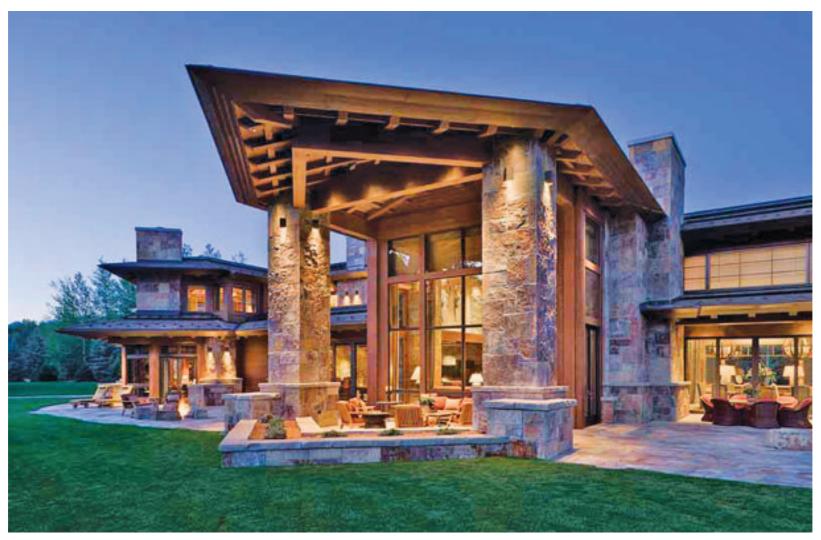
is a Park City-based writer, actor and hot air balloon pilot. As a long-time resident, he enjoys mountain biking, trail running, kayaking, skate skiing and the town's outstanding summer concert series.



Cognizant Landscape Lighting

Protect Night Sky Viewing When Planning Exterior Illumination

————— By Glenn Merlin Johnson —————



COURTESY: ROGER WADE, ADAPTIVE DESIGN GROUP INC.

In this home, well-balanced, specific down-lighting and architectural up-lighting do not escape into the dark sky.

andscape lighting creates a welcoming and cozy ambiance. However, too much light can ruin one of the main reasons people choose to live here: To enjoy nature in all of its forms. Neighboring outdoor lights can literally shine into a next-door bedroom, illuminating it so much that sun-blocking shades become necessary to maintain a dark room, which is the most suitable condition for the human circadian rhythm. Another reason to install landscape lighting consciously and properly involves a second elemental reason: to allow everyone to take in the brilliant night sky, without errant lighting blocking constellations.





COURTESY OF ADAPTIVE DESIGN GROUP, INC.

LEFT: This artistic LED ridged path light employs a concealed lamp to contain errant light.

RIGHT: This LED garden tower down light illuminates summer flowers without distracting from warm-night viewing of the stars.



>> Opening the Night Sky to Everyone

Nothing brings a person closer to our earthly surroundings, while also inspiring self-reflection and a sense of purpose, than the dark sky, filled with thousands of brilliant points of natural illumination. But, the main challenge builders, architects and lighting designers face is: how to best protect the ability for people to gaze up at the awe-inspiring night sky.

When laid out properly, home and landscape lighting can extend the experience of the home environment by blending the landscape and home interior at night. Skillful applications avoid distracting from the neighborhood or providing light pollution, which would ultimately diminish the dark sky experience.

The International Dark Sky Association (IDA) works diligently to preserve the dark sky around the world. Staff educates populations on the effects of harmful illumination. For example, they offer an informative short film, "Losing the Dark: The Dark of Night Is Disappearing with the Speed of Light" at www.darksky.org.

By way of experience, I was asked back in 2003 to assist one of Park City's most exclusive home developments: The Colony. The directive for the master plan from the city and county insisted the development be strictly held to the following requirements: Minimize the visibility of the homes and driveways from not only the viewing from the valley floor but also neighboring properties, and minimize the visibility of all exterior lighting by shielding decorative lighting lamps on both the exterior and interior. We met the challenge and issued guidelines, which every architect and homeowner on the mountain follow to this day.

Observing

Drive through your own neighborhood at night and notice any constant glare of decorative home lighting, employing exposed lamps both on the outside and inside of the house. Notice the offensive exterior glare of recessed eve lighting when lamps protrude below the eve line. Check out exterior mounted, open-face security lights, which should run on motion controls but remain on all night long and illuminate homes next door. Look at all of the different lamping color temperatures. See how the products for up-lighting trees, which at times have been skewed by snow loads or yard maintenance crews, now point directly up into the sky, instead of the trees. Spot any broken path lights, which lay on the ground from snow shoveling and still work, now shining out into the street. Notice how many homes keep Christmas lighting illuminated year-round — or at least all winter season. I see it every night, no matter what neighborhood I travel. All of the above issues negatively impact the dark sky initiative.

Not only can these issues be distracting from our night sky experience, but also, energy usage plays a huge factor, especially if homeowners don't use LED lighting. The IDA website (www. darksky.org) tells us that "one 100-watt light bulb powered every night for one year is equivalent to the energy output of burning one half a ton of coal ... Multiplied by the billions of lights blazing up from earth, the cost of energy we use to light up the night is colossal."

Purposefully Illuminating

Here are some practical outdoor lighting tips, which we all can benefit from: >>



COURTESY OF ADAPTIVE DESIGN GROUP INC.
This fully shielded wall sconce directs light downward, while still lighting up the exterior of the home.

>> Remove all up-lighting that is not being captured by an exterior building eve or deck overhang; this will keep stray light from entering into the dark sky. Subtly and tastefully Illuminating architecture in a skillful way does not distract from the night sky, and it adds a welcoming atmosphere to a home.

Add shielded down-lighting and diffusers near trees or building structures, which provide safe and subtle view illumination. This also draws the eye from the interior of the home through the windows to the exterior landscape, eliminating the mirror-like effect that occurs in the home at night.

Replace every light bulb with warm, low wattage LED lamp sources in the 2,700 to 3,000 Kelvin range and 95+CRI.

Replace path lighting with ridged, fully concealed lamps providing down-light task illumination only.

Provide a down-light or illuminated address marker on a time clock for purposes of locating your property.

Place timers on all exterior lighting, but keep the perimeter of the home illuminated for security purposes.

Install additional full cut off shielded security lighting on motion controls for safety purposes.

With some forethought, landscape lighting can provide ambient home illumination, without disturbing the ability to view the brilliance of the open sky.

— Johnson is the owner of Adaptive Design Group Inc., in Park City. ■

